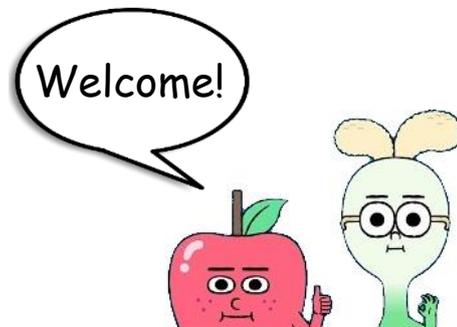


Our 'Welcome back to school' curriculum



We have been thinking about what our children now that school is fully open again. We have made a 'Welcome back to school' (recovery) curriculum which acknowledges that children will need to go over key parts of their learning and will probably have had some adverse experiences when the country was in lockdown. Such experiences could include any (and indeed all) of the following since we were last open to all children in March 2020:

1. Anxiety
2. Trauma
3. Bereavement
4. Lack of physical exercise

They have been at home for long periods of time without seeing friends and family, and without being able to do many things which they enjoy. These experiences can impact on a child's mental health and well-being, meaning they will probably have come back to school with mixed emotions.

Also, whether we wanted them to or not, children may have been exposed to adults who are more anxious than usual and not acting in their normal way.

To help support and nurture our children back to school, our 'Welcome back to school' curriculum will focus on three areas:

1. Supporting children's mental and physical health and well-being
2. Supporting children to build positive relationships with others
3. Supporting children to enjoy their learning and achieve well

Over the page is more information about what they children will learn to support those three areas, and some of the ways in which we will teach them.



1. Supporting children's mental and physical health and well-being

What will children learn?	<ul style="list-style-type: none"> ○ About emotions (such as a wide variety of emotions, ways to recognise if they are feeling them, why they could be feeling them, different ways of explaining and coping with these emotions). ○ Personal hygiene so they can look after themselves and stay safe (such as handwashing, social distancing and understanding new school routines). ○ Activities and skills to look after and develop their physical health.
How will they learn this?	<ul style="list-style-type: none"> ○ Discussing emotions and sharing experiences of those emotions. ○ There will be clear routines for keeping safe. ○ We will give time for children to have new routines and expectations explained to them, and time for them to understand how school is both the same and different (such as staying in their class 'bubbles'). ○ They will be supported with videos, photos, demonstrations, posters etc. to learn how to be hygienic and other things such as 'Catch it, bin it, kill it'. ○ We will include more well-being and mental health sessions, and PSHE (Personal, Social and Health Education) session into each week. ○ We will use ideas and activities from ELSA (Emotional Literacy Support) such as encouraging children to reflect on their day from a well-being perspective, learning about specific emotions and their effects on people.

2. Supporting children to build positive relationships with others

What will children learn?	<ul style="list-style-type: none"> ○ About building relationships with friends and school staff (such as greeting others, turn taking, sharing, playing with other children, responding to friends and adults and knowing who to go to for help and support).
How will they learn this?	<ul style="list-style-type: none"> ○ Reminders and games/ activities to encourage them to build relationships like the ones mentioned above (including independent learning and learning with others). ○ Adults will spend time with the children, modelling (showing) them ways to interact with others. ○ There will be specific sessions on who to go to to help us stay safe and support us at school, at home and in the local community. ○ Through opportunities to talk and listen to others (both children and adults).

3. Supporting children to enjoy their learning and achieve well

What will children learn?	<ul style="list-style-type: none"> ○ Key skills and knowledge for English and maths. ○ A broad range of other subjects. ○ How to celebrate successes in their learning, which could help them experience feelings they usually have in school – this will be matched to what the children can do. ○ How to improve their long term memory, so they can improve their ability to learn new concepts and overcome challenges.
How will they learn this?	<ul style="list-style-type: none"> ○ We will make lessons just as exciting, interesting, and fun as they were before, so that children can enjoy being in school again. ○ They will have a wide range of experiences, some that they may not have had for a while (such as playing with a number of different people or opportunities to develop their learning and understanding).



	<ul style="list-style-type: none">○ We will plan more opportunities for English and maths learning through each day. We will temporarily reduce the English and maths curriculums to key 'non-negotiable' objectives. These are really important skills and knowledge which children need to know to move on with their learning.○ We will start the topic learning from where they would be anyway in a normal year, though being mindful that there will more than likely be gaps in understanding.○ Learning will be structured in a familiar way (such as English, maths, phonics, and topic lessons) so children are more confident in learning.
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We know that children may need more help as the whole country continues on this journey of recovery, and hope that this 'Welcome back to school' curriculum will support their learning and well-being as we do so.

For the whole team at school, our priorities are in supporting our children with these three areas, and the health and safety of our community.

If you have any questions about this, please ask.