

Summer 1

For our science learning this half term we have been exploring nutrition, exercise and hygiene. We learned that we need a balance of different food types to get the right amount of nutrition. We enjoyed creating our own balanced lunch boxes and looking at food labels to find out what nutrition we get from each of the foods. We also had a go at analysing our lunch menu to see if it offered us a balanced diet!



In history this term we have been delving into our big question 'how have significant people changed our world?'. We have enjoyed learning about how nurses Florence Nightingale, Mary Seacole and Edith Cavell have made a change to our world today. We have enjoyed learning all about their lives, their similarities and differences and the impact they have made to modern nursing.



During our PSHE lessons we have been focussing on how to listen, play and work co-operatively. We have practised being respectful whilst sharing our opinions and thoughts to our friends. We also enjoyed playing some team games, where communication and teamwork was important for the game to work well!



We have continued working on our Melton in Bloom project. We have planted wildflowers, sweet peas, nasturtiums, rocket, peas and much more! We are really enjoying watching them all grow. Our recycled planters were painted and decorated too!

