

	<b>Term 1 Family and Relationships</b>	<b>Term 2 Citizenship</b>	<b>Term 3 Economic Wellbeing</b>	<b>Term 4 Economic wellbeing Project</b>	<b>Term 5 Health and Wellbeing</b>	<b>Term 6 Safety and the Changing Body</b>
<b>Willow</b>  <b>Bumble Bee</b>  <b>Cycle A</b>	<ul style="list-style-type: none"> <li>- name and describe different family members</li> <li>- understand that families look after us</li> <li>- know some words to describe people who are related</li> <li>- know that some information about themselves and their family is personal</li> <li>- see themselves as a valuable individual</li> <li>- understand that it is ok to like different things</li> <li>- share their interests with the group</li> <li>- explore diversity through thinking about similarities and differences</li> <li>- begin to understand what is meant by a stereotype</li> </ul>	<ul style="list-style-type: none"> <li>- understand why we have rules</li> <li>- begin to understand the importance of rules</li> <li>- understand the importance of persistence in the face of challenges</li> <li>- develop confidence in their own ability to solve problems</li> <li>- work as a group to overcome challenges</li> <li>- communicate effectively with others</li> <li>- learn and practise 'grounding' coping strategies</li> </ul>	<ul style="list-style-type: none"> <li>- know that adults have jobs to help others and earn money</li> <li>- identify the different job roles adults have in school</li> <li>- identify and describe different jobs</li> <li>- understand that there are people in the local community who help to keep us healthy</li> <li>- understand that there are people in the local community who help to keep us safe</li> </ul>	<p>Each year, all classes will take part in an enterprise challenge based on their learning from the unit 'Economic Wellbeing'.</p> <p>There will be a sale at the end of the term where parents are invited to attend.</p> <p>Children will need to plan, budget, set prices, collect money, count money and decide whether to spend or save their profits.</p>	<ul style="list-style-type: none"> <li>- describe and understand their feelings</li> <li>- develop simple strategies for managing feelings</li> <li>- explore different coping strategies to help regulate their emotions</li> <li>- identify their own feelings</li> <li>- consider the reasons behind emotions</li> <li>- learn about the importance of exercise.</li> <li>- explore how exercise affects different parts of the body</li> <li>- understand the benefits of physical activity and rest</li> <li>- learn how yoga can help our bodies to stretch, relax and stay healthy</li> <li>- explore guided meditation and relaxation</li> <li>- know how to relax in different ways</li> </ul>	<ul style="list-style-type: none"> <li>- understand why sharing is important</li> <li>- think about the perspectives of others in the class</li> <li>- understand the characteristics that make a good friend</li> <li>- think about why it might be difficult for others to be a good friend all of the time</li> <li>- consider why it is important to support each other by being kind</li> <li>- plan a party to celebrate the special friendships within the class</li> </ul>
<b>Willow</b>  <b>Bumble Bee</b>  <b>Cycle B</b>	<ul style="list-style-type: none"> <li>- understand that all families are valuable and special</li> <li>- know that they share toys so that everyone feels involved and no one feels left out or upset</li> <li>- understand some characteristics of a positive friendship</li> <li>- begin to understand how friendships can make them feel</li> <li>- understand that friendships can have problems but that they can overcome them</li> <li>- begin to understand that being friendly to others makes them feel welcomed and included</li> </ul>	<ul style="list-style-type: none"> <li>- understand that animals have different needs and how to care for them</li> <li>- begin to understand the needs of babies and young children</li> <li>- begin to recognise ways in which they are both the same as and different from other people</li> <li>- understand the range of groups that people belong to</li> <li>- begin to understand how democracy works</li> </ul>	<ul style="list-style-type: none"> <li>- discover what money is and how it helps us</li> <li>- consider ways to keep coins safe</li> <li>- recognise the purpose of banks and building societies</li> <li>- begin to understand the differences between spending and saving money</li> </ul>	<p>Each year, all classes will take part in an enterprise challenge based on their learning from the unit 'Economic Wellbeing'.</p> <p>There will be a sale at the end of the term where parents are invited to attend.</p> <p>Children will need to plan, budget, set prices, collect money, count money and decide whether to spend or save their profits.</p>	<ul style="list-style-type: none"> <li>- understand why it is important to be able to take care of themselves by completing independent tasks related to health, well-being and hygiene</li> <li>- know and discuss the factors that support their overall health and well-being</li> <li>- understand what it means to be a safe pedestrian</li> <li>- understand what it means to eat healthily</li> <li>- understand the importance of healthy food choices and to explore what it means to have a balanced diet</li> <li>- begin to understand how germs are spread and how we can stop them spreading</li> <li>- begin to understand the risks associated with the sun</li> <li>- begin to understand allergies</li> </ul>	<ul style="list-style-type: none"> <li>- know how to respond to adults in a safe and familiar context</li> <li>- understand how to respond to adults in a range of situations</li> <li>- understand what to do if you get lost</li> <li>- know what an emergency is and how to make a phone call if needed</li> <li>- begin to understand the difference between acceptable and unacceptable physical contact</li> <li>- begin to understand what is safe to put into or onto their bodies</li> <li>- understand that there are dangers at home and how these can be avoided</li> </ul>

<p><b>Ash</b></p> <p><b>Honey Bee</b></p> <p><b>Cycle A</b></p>	<ul style="list-style-type: none"> <li>- recap effective learning in PSHE education and how they can help everyone to learn in these lessons</li> <li>- begin to understand the role of family in their lives</li> <li>- begin to understand the range of families they may encounter now and in the future</li> <li>- understand that families love and support each other but sometimes problems can occur; know that help is available if needed</li> <li>- begin to understand the differences between people and why it is important to respect these differences</li> <li>- recognise that stereotypes are present in everyday life</li> <li>- develop an understanding of stereotypes and how these might affect job/career choices</li> <li>- recognise that stereotypes exist based on a number of factors</li> </ul>	<ul style="list-style-type: none"> <li>- understand the importance of rules</li> <li>- understand why they have rules and the consequences of breaking rules at school and at home</li> <li>- begin to understand the United Nations Convention on the Rights of the Child</li> <li>- understand the responsibilities of both children and adults to help all children benefit from their rights</li> <li>- understand ways to look after the school environment</li> <li>- understand the environmental benefits of recycling</li> </ul>	<ul style="list-style-type: none"> <li>- identify how money can impact feelings and emotions</li> <li>- explain how people's spending decisions can affect others and the environment</li> <li>- identify their skills and talents</li> <li>- examine the wide range of available jobs and opportunities</li> <li>- explain why anyone can aspire to be anything</li> <li>- describe how to make others feel included</li> </ul>	<p>Each year, all classes will take part in an enterprise challenge based on their learning from the unit 'Economic Wellbeing'.</p> <p>There will be a sale at the end of the term where parents are invited to attend.</p> <p>Children will need to plan, budget, set prices, collect money, count money and decide whether to spend or save their profits.</p>	<ul style="list-style-type: none"> <li>- describe a range of feelings and develop simple strategies for managing them</li> <li>- use breathing exercises to relax</li> <li>- understand the benefits of healthy eating and dental health</li> <li>- understand their strengths and set themselves achievable goals</li> <li>- identify strategies to help overcome barriers or manage difficult emotions</li> <li>- develop a growth mindset</li> <li>- break down barriers into smaller, achievable goals</li> </ul>	<ul style="list-style-type: none"> <li>- understand what the internet is and how it can help us</li> <li>- understand how to stay safe when using the internet</li> <li>- understand the importance of being kind online and what this looks like</li> <li>- understand that cyberbullying involves being unkind online</li> <li>- understand that not all emails are genuine</li> <li>- understand ways to keep safe on and near roads</li> </ul>
<p><b>Ash</b></p> <p><b>Honey Bee</b></p> <p><b>Cycle B</b></p>	<ul style="list-style-type: none"> <li>- recap what the subject of PSHE is and how we can help everyone to learn in these lessons</li> <li>- recognise how others show feelings in different ways and how to respond</li> <li>- begin to understand that some friendships might make them feel unhappy and how to deal with this</li> <li>- understand that friendships have ups and downs and that problems can be resolved</li> <li>- begin to understand the impact of bullying</li> <li>- begin to understand the conventions of courtesy and manners</li> <li>- listen and communicate effectively</li> </ul>	<ul style="list-style-type: none"> <li>- begin to understand the roles people have in the community</li> <li>- understand the groups that make up the community</li> <li>- recognise similarities and differences between people in the local community</li> <li>- understand that charities care for others and how people can support them</li> <li>- begin to understand how democracy works in school</li> <li>- begin to understand how democracy works in the local area</li> <li>- understand ways to share an opinion</li> </ul>	<ul style="list-style-type: none"> <li>- explore the ways people receive money</li> <li>- identify the advantages and disadvantages of different methods of payment</li> <li>- identify basic needs which are essential for healthy growth</li> <li>- consider how people decide what they want</li> <li>- explain why budgeting is important</li> <li>- explore how bank accounts and cards help with managing money</li> </ul>	<p>Each year, all classes will take part in an enterprise challenge based on their learning from the unit 'Economic Wellbeing'.</p> <p>There will be a sale at the end of the term where parents are invited to attend.</p> <p>Children will need to plan, budget, set prices, collect money, count money and decide whether to spend or save their profits.</p>	<ul style="list-style-type: none"> <li>- understand and plan for a healthy lifestyle including physical activity, rest and diet</li> <li>- understand the benefits of physical activity</li> <li>- perform a range of relaxation stretches</li> <li>- understand what it means to have a healthy diet</li> <li>- understand ways of looking after our teeth</li> <li>- understand the different aspects of my identity</li> <li>- identify my own strengths and begin to see how they can affect others</li> </ul>	<ul style="list-style-type: none"> <li>- begin to understand how to stay safe with medicines</li> <li>- understand the role I can take in an emergency situation</li> <li>- understand how to help if someone has been stung or bitten</li> <li>- begin to understand the difference between secrets and surprises</li> <li>- begin to understand the concept of privacy and the correct vocabulary for body parts</li> <li>- understand safe and unsafe touches</li> <li>- know my body is important and belongs to me</li> <li>- understand the choices people can make and those which are made by others</li> </ul>

	<ul style="list-style-type: none"> <li>- understand why trust is an important part of positive relationships</li> <li>- begin to understand how loss and change can affect them</li> </ul>					<ul style="list-style-type: none"> <li>- To begin to recognise who and what can influence our decisions</li> </ul>
<b>Oak</b> <b>The Hive</b> <b>Cycle A</b>	<ul style="list-style-type: none"> <li>- explore stereotypes in fictional characters and think about how these might influence us</li> <li>- recognise how attitudes to gender have changed over time</li> <li>- recognise that stereotypes can relate to a number of factors</li> <li>- explore the impact of stereotypes and how they can lead to discrimination</li> <li>- explore other people's attitudes and ideas and to begin to challenge these</li> <li>- understand stereotypes and be able to share information on them</li> </ul>	<ul style="list-style-type: none"> <li>- begin to understand the Human Rights Convention</li> <li>- understand human rights, including the right to education</li> <li>- begin to understand what happens when the law is broken</li> <li>- explore the links between rights and responsibilities</li> <li>- understand the value of diversity in a community</li> <li>- understand human rights, including the right to education</li> <li>- understand diversity and the value different people bring to a community</li> </ul>	<ul style="list-style-type: none"> <li>- recognise factors influencing value for money</li> <li>- identify feelings around money and discuss their impact</li> <li>- understand the importance of monitoring money</li> <li>- describe different ways of keeping money safe</li> <li>- recognise how to safeguard money in digital and physical environments</li> </ul>	<p>Each year, all classes will take part in an enterprise challenge based on their learning from the unit 'Economic Wellbeing'.</p> <p>There will be a sale at the end of the term where parents are invited to attend.</p> <p>Children will need to plan, budget, set prices, collect money, count money and decide whether to spend or save their profits.</p>	<ul style="list-style-type: none"> <li>- understand what relaxation feels like</li> <li>- develop a growth mindset and understand that mistakes are useful</li> <li>- understand the purpose of failure</li> <li>- reflect on skills they have developed to identify and respond to difficult situations</li> <li>- learn how to set short-term, medium-term and long-term goals</li> <li>- identify long term goals and how to work towards them</li> </ul>	<ul style="list-style-type: none"> <li>- understand that age restrictions are designed to protect us</li> <li>- understand the benefits and risks of sharing material online</li> <li>- begin to understand some issues related to online friendships including the impact of their actions</li> <li>- learn about staying safe online</li> <li>- start to become a discerning consumer of information online</li> <li>- understand that online relationships should be treated in the same way as face to face relationships</li> </ul>
<b>Oak</b> <b>The Hive</b> <b>Cycle B</b>	<ul style="list-style-type: none"> <li>- begin to understand the physical and emotional boundaries in friendships</li> <li>- understand how to form and maintain positive relationships</li> <li>- explore the ups and downs of friendships</li> <li>- understand that their behaviour can have an impact on others</li> <li>- understand what is meant by respect and why it is important</li> <li>- understand that respect is two-way and how we treat others is how we can expect to be treated</li> <li>- resolve disputes and conflict through negotiation and compromise</li> </ul>	<ul style="list-style-type: none"> <li>- understand the role of groups in the wider community</li> <li>- understand the contribution groups make to a community</li> <li>- understand how reducing our use of materials and energy will help the environment</li> <li>- develop an understanding of the role of local government</li> <li>- begin to understand how Parliament works</li> <li>- begin to understand how Government works</li> <li>- recognise the role of pressure groups</li> </ul>	<ul style="list-style-type: none"> <li>- prioritise needs over wants</li> <li>- create a weekly budget</li> <li>- identify the significance of borrowing and loaning money</li> <li>- examine the risks associated with handling money online</li> <li>- recognise the risks of gambling</li> </ul>	<p>Each year, all classes will take part in an enterprise challenge based on their learning from the unit 'Economic Wellbeing'.</p> <p>There will be a sale at the end of the term where parents are invited to attend.</p> <p>Children will need to plan, budget, set prices, collect money, count money and decide whether to spend or save their profits.</p>	<ul style="list-style-type: none"> <li>- identify their own strengths and begin to see how they can affect others</li> <li>- identify what's important to them and to take responsibility for their own happiness</li> <li>- understand a range of emotions</li> <li>- take responsibility for their own feelings and actions and to use vocabulary to describe these</li> <li>- begin to understand what mental health is and who can help if needed</li> <li>- understand the benefits of sleep</li> <li>- understand how habits can be good or bad for our health</li> </ul>	<ul style="list-style-type: none"> <li>- understand how to help someone with asthma</li> <li>- understand how to help someone who is bleeding or who has suffered a head injury</li> <li>- understand how to help someone who is choking</li> <li>- understand how to help someone who is unresponsive</li> </ul>
<b>Oak</b> <b>The Hive</b>	<ul style="list-style-type: none"> <li>- begin to understand that families are very varied, in this country and across the world</li> <li>- understand the concept of marriage</li> <li>- begin to understand self-respect</li> </ul>	<ul style="list-style-type: none"> <li>- understand how reusing items benefits the environment</li> <li>- understand how reducing our use of materials and energy will help the environment</li> </ul>	<ul style="list-style-type: none"> <li>- understand how different factors can influence career choices</li> <li>- explain why people can have more than one career in their life</li> </ul>	<p>Each year, all classes will take part in an enterprise challenge based on their learning from the unit 'Economic Wellbeing'.</p>	<ul style="list-style-type: none"> <li>- understand how we can look after our teeth</li> <li>- understand and be able to plan healthy meals</li> <li>- understand risks associated with the sun and how these can be avoided, taking</li> </ul>	<ul style="list-style-type: none"> <li>- develop understanding of privacy and the difference between secrets and surprises</li> <li>- begin to understand the risks of smoking and the benefits of being a non-smoker</li> </ul>

<b>Cycle C</b>	<ul style="list-style-type: none"> <li>- begin to understand that family relationships can sometimes make children feel unhappy and what they can do if this happens</li> <li>- understand the impact of bullying and the responsibility of bystanders to help</li> <li>- understand more about bullying and how to get help</li> <li>- explore how we can help following a bereavement</li> <li>- begin to understand the process and emotions relating to grief</li> </ul>	<ul style="list-style-type: none"> <li>- understand some environmental issues relating to food and food production</li> <li>- understand how to show care and concern for others</li> </ul>	<ul style="list-style-type: none"> <li>- identify and challenge stereotyping in the workplace</li> <li>- identify and challenge stereotyping in the workplace</li> <li>- explore how personal interests and skills align with different careers</li> <li>- explore how different careers operate in a workplace</li> <li>- explore different career routes and their requirements</li> </ul>	<p>There will be a sale at the end of the term where parents are invited to attend.</p> <p>Children will need to plan, budget, set prices, collect money, count money and decide whether to spend or save their profits.</p>	<p>independence for their own sun protection</p> <ul style="list-style-type: none"> <li>- understand and plan for a healthy lifestyle</li> <li>- understand the potential impact of technology on physical and mental health</li> <li>- understand ways that we help prevent ourselves and others becoming ill</li> <li>- understand what happens when we are ill and begin to understand when to seek support</li> </ul>	<ul style="list-style-type: none"> <li>- begin to understand the influence others have on us and how we can make our own decisions</li> <li>- begin to understand the risks of alcohol</li> </ul>
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<b>Year 4</b>	<ul style="list-style-type: none"> <li>- recognise that change is part of growing up</li> <li>- recognise the physical differences between children and adults</li> </ul>
<b>Year 5</b>	<ul style="list-style-type: none"> <li>- understand physical changes during puberty</li> <li>- understand the menstrual cycle</li> <li>- understand emotional changes during puberty</li> </ul>
<b>Year 6</b>	<ul style="list-style-type: none"> <li>- understand the changes that happen during puberty</li> <li>- understand the biology of conception</li> <li>- understand the development of the baby during pregnancy</li> </ul> <p><u>Identity</u></p> <ul style="list-style-type: none"> <li>- understand what factors contribute to identity</li> <li>- understand that the media manipulates images</li> </ul>

In Term 6, all children in Oak/ The Hive will be taught the below content in their year group.